



Dears,

We have pleasure to invite you on the 4<sup>th</sup> Climbing Festival in Demir Kapija.

This year 2012, the festival will be from 12 till 14 of October.

Like the years before, for three days we will climb, compete, gather other climber's experiences, party and build strong friendships with climbers from all over the world.

Schedule:

**12 October (Friday):**

17.00h – 21.00h - Registration in restaurant "Kuchkin" in centrum of Demir Kapija. Registration is 100 denars and you are receiving score card for Marathon.

21.00h – Photo and Video presentation of VRELO and ITALY 2012 summer Cave diving expedition – Bojan

21.45h – photo presentation of Matterhorn climbing- Zoran Majstorski and Dejan Krle

All presentation will be in city cinema in Centrum of Demir Kapija !

**13th of October (Saturday):**

Climbing marathon is starting from sunrise and is closing at sunset.

The climbers will climb in two groups:

1. Group **A** climbs routes from 5 until 6c+.

2. Group **B** climbs routes from 7a until 8c+.

21.00h – Awarding ceremony for climbing marathon

Presentation and Awarding ceremony will be in city cinema

Party in local coffee bar !!!

**14th of October (Sunday):**

"On sight" marathon.

The best 10 climbers from marathon, will "On sight" climb on new routes.

Awarding and closing ceremony in city cinema!

The winners of the competition are defined by the main board of judges according to the regulations.

Prizes are supported by organizers and sponsors.

## REQUIREMENTS FOR PARTICIPANTS:

It is necessary for all participants of the festival to provide at climbing festival:

1. Their insurance policy in case of an accident in rock-climbing or during the event which is valid for Macedonia
2. Climbing teams/partners created in advance or at the climbing areas/competitions are agreed and allowed to climb in the «**Climbing marathon**». The participants must provide safety themselves (they belay each other on the routes), so they must have appropriate skills of dealing with belaying, tying in and they must also have their own equipment that corresponds to UIAA standards.
3. Under 18's are allowed only if parents accompany them and are fully responsible for them or if they attend with a Federation or Club personal trainer/coach who is qualified to look after them.
4. Depending on the accommodation chosen by you, it may be necessary to bring: equipment for a bivouac and lodging for the night; the gas equipment or kerosene stoves for cooking; capacities for drinking water; a set of clothes suitable for the weather conditions. It is recommended to have anti tick-borne inoculations and means for protection against insects.

**Safety:** The participants provide their safety themselves (they belay each other on the routes), so they must have appropriate skills of dealing with belaying and they must also have their own equipment that corresponds to the requirements of UIAA.

## Getting there:



Convenient way is to use the **train** which reaches Demir Kapija from Skopje in only 2 hours.

**By car:** Take the M1 (E75) highway from Skopje towards Gevgelija and after driving some 120km you'll reach the small settlement of Demir Kapija. Don't take the exit for the town but continue further down the road and park the car after the first tunnel (between the 2 tunnels

there are few parking spots on both sides of the road).



**The approach:** The River Vardar separates the settlement of Demir Kapija from the big limestone rock face that rises up right from the left bank of the river - making it hard to approach for climbing. The easiest and fastest way to approach the routes is to start from between the tunnels. For the "trad" routes on the main face when looking towards the second tunnel go down to the right - follow the stream for about 100 meters. When you'll see the river (river Vardar) go to the right towards the rock and look for the fix steel cord that will take you towards the routes - traversing over the river...

**Food and accommodation:** Camping, hut, hotel... There are many places where you can set up a camp (for example on the meadow to the left in front of the first tunnel or if possible near the place where the "stream" enters river Vardar - near the start of the traverse). Also you can contact the Macedonian Sport-Climbing Federation (MMSF) and make arrangements about using the hut "Kalabaster" situated in Demir Kapija. There are many places where you can eat or buy your own food and drinks in Demir Kapija... If looking for more luxurious accommodation - we suggest the Popova Kula winery and hotel...